

Softball Community Coaching Program



Introduction

The Softball Community Coaching Program (SCCP) aims to develop a network of capable coaches who can deliver a variety of Softball experiences which enhance the health and social benefits of participants. The program is not designed to promote winning or technique but rather identify and support coaches through a well-constructed learning framework. In other words, the focus is not on skills and drills but on the teaching and learning method.

The SCCP is designed to train coaches, players and the community to deliver Game Sense programs. In particular, it aims to help the community coaches understand the basics of:

- What motivates and engages coaches to deliver activity-based programs, known as the Game Sense approach
- How to develop Game Sense sessions through:
 - Good planning
 - > Efficient organisation
 - Effective communication and coaching techniques that can:
 - Maximise the involvement and enjoyment of all participants
 - Establish positive relationships/experiences
 - > Provide optimal development opportunities for participants and their families

Objectives of SCCP

The objective of the SCCP is to build a coaching workforce with the appropriate skills and training to deliver community based Softball events and programs, such as:

- Softball Batter Up (SBU)
- Indigenous Softball Program (ISP)
- Culturally and Linguistically Diverse (CALD)
- > Disability Softball Program (DSP)

Learning objectives

At the completion of the induction program, participants will be able to:

Understand

- > The objective of the SCCP
- Rationale behind the Game Sense approach

Plan and prepare

- Physical activity sessions that are relevant to the likes and needs of all participants with a focus on participation for all abilities
- Organise the human and physical resources necessary to conduct the physical activity sessions

Conduct

- > Structured physical activity sessions relevant to the likes and needs of the participants
- Communicate effectively and establish positive relationships with adults and children who are involved in the session
- Effectively manage time during the physical activity sessions to maximise participation

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Monitor and review

- Adjust activities to suit the needs of individual participants
- Ensure the safety of self and others and manage emergency situations

Evaluate

Evaluate sessions and their own coaching behaviour (self-reflection) and modify as appropriate

What is the SCCP?

The SCCP is a Softball Australia initiative funded through the Australian Sports Commission to provide coaches with the appropriate information, and coaching support to deliver Game Sense programs with a focus on participation and engagement.

Engage coaches Game Sense activity programs Provide a quality program and a positive introduction to coaching

Transition coaches into formal coaching pathway

SCCP Organisational Chart

National Community
Coach

Volunteer Community Coaching Coordinator

Volunteer Community Coach

How do I get involved?

- Search SAL and /or association websites for SCCP training session dates
- Contact SAL or your local association to find out who offers SCCP training session
- Speak to a VCCC
- Complete and return the Registration Form to a VCCC who will confirm your registration by email or phone

On completion of the induction program, coaches will receive:

- Ongoing support from VCCC and NCC
- Community coach visits to selected session from your VCCC
- > Feedback on the session
- Ongoing mentoring
- Coach development and training opportunities
- Access to online resources.

How much does it cost?

The cost of the SCCP is \$40.00 and the participant receives:

- A copy of the Participant's Guide
- A set of 25 Activity Cards
- Registration Card
- USB wristband with electronic copies of all the resources
- Access to additional online resources

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